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# FAMILY HEALTH & WELL BEING FESTIVAL

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## DATE

Saturday 16th April  
2016

## VENUE

Evington Leisure Centre,  
Downing Drive

## TIME

9.00am – 1.00pm

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## WHAT'S THERE?

- + Information Stalls
- + Wellbeing workshops
- + Reiki Head Massages
- + Live animals Interaction
- + Martial Arts
- + Face Painting!
- + and much, much, more

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A FREE DAY OF  
FUN, INFORMATION  
& ACTIVITIES FOR  
ALL AGES!

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